Fall 2013

St. Andrew's Newsletter Keeping you connected.

Upcoming Services

Nov 17th – Eucharist at 10am, St. Andrew's

Nov 24th - All Parish Eucharist at 10am in St. Paul's Gaspe

Dec 11th - All Parish Carol Service, 7pm in St. Paul's

Dec 15th - All Parish Eucharist and pageant, 11am St. Peter's Malbay

Dec 24th – Eucharist and Blessing of the Crib, 3pm St. Andrew's

The complete service schedule is available on GoGaspe or check the weekly schedule in the SPEC.

Inside this issue:

Mill Brook Flood Pictures	2
Other News	2
York River Senior's Grant	3
Improvements at St. Andrew's	3
Camping Season 2013	
Down Home Cookin'	3
Other Important Notes	4
Upcoming Community Events	4

York River Community Hall Officially Opened

After several delays due to constructions delays, flooding and summer vacations, the York River Community Hall was officially opened on Friday, September 20, 2013. There were approximately seventy people in attendance to witness an event that the community had been working towards for more than 20 years.

There were speeches from the mayor, Mr. Roussy; the town councilor for Wakeham, Mr. Quensville and York,, Mr. Smith, a representative from Hydro-Quebec and the president and vice-president of the York Hall Committee. One main theme was touched upon by all speakers, that the new hall would fill a void and a need in the local community, especially the Anglophone community. Based on the amount of events being held in the new hall, it is safe to say that the void is now filled. After the speeches, there was an official cutting of the ribbon, followed by refreshments being served. See photos below.









Top 10 Tips for Preventing the Common Cold

Medicinenet.com has 10 tips for preventing the common cold:

- 1. Wash your hands often
- 2. Avoid touching your face
- 3. Don't smoke smoking irritates airways, making you more susceptible to colds
- 4. Use disposable items (Cups, cutlery, etc) if someone in the family is sick.
- 5. Keep household surfaces clean (ex: doorknobs, telephones, taps)
- 6. Wash children's toys
- 7. Use paper towels to dry hands as the cold virus can live on a hand towel for several hours.
- 8. Throw tissues away after every use
- 9. Live a healthy lifestyle
- 10. Control Stress

Another Successful Year for ACW Sales

Once again the York ACW needs to thank the community for its support at its Summer and Winter Sales. This year saw a change in venue for the sales, as they were both held in the York River Community Hall and they were our most successful sales ever. As these sales are the main fundraisers for the ACW, the proceeds provide the funding for the ACW to continue its work in the church and the community. Thanks again to everyone who helps out to make these sales a success.

Down Home Cookin' Cookbook

There are a limited number of the Down Home Cookin' cookbook left. They make excellent hostess gifts, stocking stuffers, and Christmas gifts. Get yours now before they are gone. With Christmas just around the corner is a recipe from the cookbook for a Christmas favorite.

Nana's Gingerbread (submitted by Lorraine Mullin)

1 cup molasses	1 tsp allspice	
1/2 cup sugar	1 tsp cinnamon	
1/2 cup shortening	1 tsp ginger	
2 eggs	2 tsp baking soda	
2 cups flour	1 cup boiling water	

1/2 tsp sale

Cream sugar and shortening. Add eggs and beat well. Blend in molasses. Sift flour, salt and spices. Add to creamed mixture. Pour boiling water over t teaspoons baking soda; add to creamed mixture and beat well. Grease a 9x13 inch pan; line with wax or parchment paper. Bake at 325F for 30 to 40 minutes.

Other Important Information

Contact Information for St. Andrew's:

Wardens: Tony C. Patterson (368-3276) and Elaine Coull (368-3935) Weddings/Funerals: Rev. Wendy Telfer (368-7485) Cemetery: Garry Clark (368-5190) or Bruce Patterson (368-3047)

Down Home Cookin': There are still a few copies available of York ACW's fundraising cookbook -Down Home Cookin'. There are over 400 recipes for hometown favorites and new items that are waiting to become favorites. If you want to get a copy, please contact Rhonda Stewart (368-7238).

Little Helpers: The Little Helpers children group is open to all children ages 0-6. If you would like to register a child or get more information please contact littlehelpers@hotmail.ca or Rhonda Stewart (368-7238)

Newsletter Mailing List: If there is anyone you know who would be interested in receiving the newsletter, please contact standrewsyork@hotmail.com or Rhonda Stewart (368-7238) to add them. We would like to have as many people as possible receiving the newsletter!

May the spirit of Christmas bring you peace, the gladness of Christmas bring you hope. The warmth of Christmas grant you love. Author unknown.

Not to be Missed! - Upcoming Events in the Community

NOV 24th - St Andrew's Little Helpers Christmas Party, 10:30am at York River Community Hall.

NOV 29th - Christmas Meat Bingo, Barachois Legion, 7:30pm

NOV 30th - St. Paul's Gaspe Christmas Sale, St. Paul's Church 9:30am

NOV 30th - Christmas Carol Service, Cap-Aux-Os Church 7pm **DEC 1st** - Gaspe Cancer Foundation Christmas Tea, 1:30 pm Gaspe Legion.

DEC 3rd - Gaspe Cancer Foundation AGM, all members welcome.

DEC 7th - York River Senior's Christmas Party at York River Community Hall, Cocktails begin at 5pm

DEC 31st - New Year's Eve at York River Community Hall, Great food and great music with bar service. Cost is \$20/person. Contact a member of the hall committee to get your ticket

Please note: The York River Senior's Group has numerous activities scheduled such as Kurling, bowling, and card parties. The complete schedule can be found on GoGaspe.com. You can also contact Tony Patterson at 368-3276 about upcoming events or joining this group.